Watch Water® Germany

POSTER 3 | HEALTH EVIDENCE

MOLD

TAKE DAMPNESS SERIOUSLY

Persistent indoor mould can affect respiratory health.



Illustrative image

WHAT THE EVIDENCE SHOWS

WHO and CDC/NIOSH link damp, mouldy buildings with coughing, wheezing, respiratory symptoms and worsening asthma. Some people develop allergy symptoms such as a blocked nose, irritated eyes or skin rash. Effects vary: exposure does not make everyone ill.

WHY REMOVAL MATTERS

Airborne spores and fungal fragments can contribute to exposure. Cleaning must address the contamination and the moisture source. Killing mould alone is insufficient: remaining fungal material can still trigger allergic reactions.

1 CLINICAL STUDY 1

62 CHILDREN | USA | 2006

Kercsmar and colleagues studied children with asthma living in mould-affected homes. Moisture repairs, removal of damaged materials and ventilation improvements were added to asthma care. The repaired-home group had fewer symptom days after the work.

Evidence limit: a small randomized trial of combined measures; it did not isolate a disinfectant effect.

2 CLINICAL STUDY 2

164 HOMES | UK | 2007

Burr and colleagues tested mould removal, fungicide treatment and improved ventilation. Participants reported improved asthma and nasal symptoms. The measured peak-flow variability did not improve significantly compared with controls.

Evidence limit: symptom benefits were reported, but the objective lung-function outcome was not improved.

ACT ON THE BUILDING

Repair leaks and condensation problems. Remove contamination and dry thoroughly. Porous materials may need replacement. Hidden or extensive growth needs professional assessment. Continue prescribed asthma care.

ACT ON SYMPTOMS

Persistent cough, wheeze or breathlessness deserves medical advice. Severe breathing difficulty requires urgent care.

ViroIOxy® | ENVIRONMENTAL SURFACE APPLICATION

5% SOLUTION • 30 MINUTES WET CONTACT • CLEAN-WATER RINSE

Protocol supplied by Watch Water for compatible washable surfaces, subject to the current label. Remove residues and dry. Wear suitable gloves and eye protection, ventilate and avoid inhaling spray. Follow the safety data sheet.

Independent health evidence: these studies did not test ViroIOxy®.

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